



Lifetime Development

Office Policies & Fees

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Thank you for your interest in the services of Lifetime Development. Kindly find below our standard practices. Please do not hesitate to contact us again if you have further questions.

Office Hours: 9:00 am – 5:00 PM, Monday through Friday and some Saturdays. Some exceptions are made.

Services Provided : We specialize in cognitive and personality evaluations and brainwave biofeedback, a form of neurofeedback. Neurofeedback also encompasses HEG biofeedback, which uses cerebral blood flow in the brain as the physical feedback modality. Assessment services are made up of psychological, neuropsychological, and educational testing. Additional services include case consultation and management; psychotherapy; life coaching; and ASD guidance.

Fees: \$150/hour for all services, with the exception of biofeedback. After 30 sessions of brainwave biofeedback, the rate is \$120/hour for sessions up to 40; \$90.00/hour for sessions up to 60; and \$75.00/hour for additional sessions. Less costly home training may also be arranged in many cases. Do ask us about this (a detailed discussion is required). If you wish to pay in advance for modules of biofeedback treatment, the cost is \$125.00 per hour for the first 20 sessions (\$2500.00); \$100 per hour for the second 20 sessions (\$2000.00); and \$75 per hour for the third 20 sessions (\$1500.00); and \$60 per hour for additional sessions.

Some sessions may be somewhat shorter or longer than one hour. Sessions 75 minutes or longer will be prorated. We provide sliding scale fees for 2 patients in our practice at all times. Kindly speak to us if you wish to be considered for this status.

Initial Consultation

The initial consultation is billed at the normal hourly rate of \$150.00, unless prior arrangements are made. There is no charge for a 10-minute interview either by telephone or e-mail and an additional 20-minute interview in person. We have this policy so that a mutual determination can be made in regard to the appropriateness of our working with your case. A credit card is requested in advance for any expertise provided beyond this initial 30 total minutes of professional time.

Periodically we offer group talks or demonstrations of some of our neurofeedback and other biofeedback services. You may wish to inquire about any upcoming presentations. We also provide very clear and detailed information about our services on our website (www.lifetimedevelopment.org) so that you will have written information to back up what we say privately or during public presentations.

If you need to have a telephone consultation because of work or geographical considerations, kindly return to us the intake forms posted on our relevant website link (Get Started!) before the consultation call takes place. To repeat, brief telephone calls taking no longer than 10 minutes for response will not be charged, but more lengthy ones will be billed at the regular hourly rate of \$150/hour.

Insurance

On a monthly basis we will provide you with a billing statement appropriate for submission to your insurance company.

Psychological, Developmental, Educational, & Neuropsychological Testing (including Memory Assessment)

Before commencement of services or at another point during treatment, psychological, educational or neuropsychological testing may either be recommended or required. There is separate, more detailed information available about testing that may be performed. Fees for tests vary considerably according to the time required for individual test administration, the complexity of the test scoring, and the time for interpretation of the scoring in light of the patient history and other test results.

Individualized Educational Programs and Ongoing Case Management

Our staff works with parents and educational advocates to prepare for school I.E.P. meetings. When a comprehensive professional report to support advocacy is required, we will do the testing and observations to produce a quality report and additionally to be available to participate in the school meetings and present the findings of the evaluations. Apart from the formal institutional meetings, we will also be available to review case histories and identify additional resources that may be useful in an overall treatment plan.

E-mail

E-mails are billed on a pro-rated \$150/hour basis after the first 10 minutes of response time. As e-mails are not confidential, verbal consent followed by a signed or e-mailed release must be given before this form of communication becomes an ongoing option. Although there is no substitute for an in-person consultation where content can be interactively related much faster and better than by virtual or voice-only means, we recognize that timing of office meetings at your work and special scheduling needs may dictate that use of e-mail is more practical.

Paperwork

There will be a pro-rated \$150/hour fee for writing reports, filling out lengthy or complicated forms requiring office research, and any other extensive paperwork needed outside of regular appointment times that requires more than a few minutes of professional attention.

Messages

We try to return all emails and phone calls the same day. Occasionally this response time may extend to the next business day, which may be a Monday after a weekend.

Changing Appointments and Cancellations

Appointments in our practice are difficult to get. Unless we are able to schedule another patient during a missed appointment time that is not cancelled or rescheduled at least 24 hours in advance (not including weekends), you will be charged a fee of (50%) of a session hour, or \$75. This is the policy even in the event of illness, as a late cancellation usually means that someone else cannot be seen at your previously scheduled time.

E-mail is unreliable for timely receipt of change and cancellation information, so please call the main number (925-462-2123) to reschedule an appointment. If you do not reach a live person, it is important for you to leave a message on Dr. Stratton's cell phone, which is 925-548-8410.

Confidentiality

All information provided will remain confidential, except where required by law (e.g., suspicion of child abuse, threat of bodily harm to self or another, or if medical records are subpoenaed during certain legal proceedings). With your written permission only, we will communicate with designated third parties about your treatment at Lifetime Development.

After Hours Needs: In case of a medical or psychiatric emergency, please call 911 immediately or go to the closest hospital Emergency Room. For less urgent purposes, you may attempt to reach Dr. Stratton on her cell phone: 925-548-8410.

I have read this form and understand that I may have a copy upon request.

_____ Date _____